



What  
is an  
EFMP  
Systems  
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"What  
can  
they do  
for me  
and my  
EFM?"



# EFMP Systems Navigator



**Your EFMP Systems Navigator is able to help your Family with the following:**

- Assist with locating needed resources in your current area or the area to which you are being assigned
- Make referrals to required services
- Identify support groups and social activities.
- Identify your EFM and Family strengths and needs
- Strengthen your ability to advocate for your EFM
- Help identify and prioritize your EFM and Family goals
- Develop a Family Service Plan to reach your goals
- Provide information about disabilities of your EFM

**Contact your system navigator!** If you have questions or concerns, contact: **Laura Voyles**

Please call 502-626-1080 or email [laura.k.voyles.ctr@mail.mil](mailto:laura.k.voyles.ctr@mail.mil)

**Find transportation to appointment**

**related to the Family Service Plan**

**3rd Brigade, 5th Brigade and 6th**

**Brigade contact: Emily Hay**

Please call 502-626-2015 or email [emily.g.hay2.ctr@mail.mil](mailto:emily.g.hay2.ctr@mail.mil)

**Get put your navigator to work for you!**

## What is Systems Navigation?

Systems Navigation is a community support component of the EFMP that connects Families with special needs to the systems of care they need, both on and off the installation. Systems Navigations also supports the goals of the Army Family Covenant.

## Who is eligible for Systems Navigation?

Active Duty Army, Reserve and Guard Families are eligible for Systems Navigation assistance regardless of their Exceptional Family Member's (EFM) medical and/or special education condition. All services are provided at no cost to Families.

## Who is a Systems Navigator?

Systems Navigators work in conjunction with the Battalion Soldier and Family Assistance Program Managers. They are trained and knowledgeable about the systems of care used by Families with special needs. The primary role of a Systems Navigators is to navigate Families through the available systems of care.

**Are EFMP Systems Navigation services offered at all installations?**

EFMP Systems Navigation is offered at multiple installations at this time. The Army recognizes the importance of expanding the EFMP and IMCOM recently approved for USAREC to receive two EFMP System Navigators to take care of the needs of the EFMs within our geo-dispersed command. **Our USAREC EFMP families are**